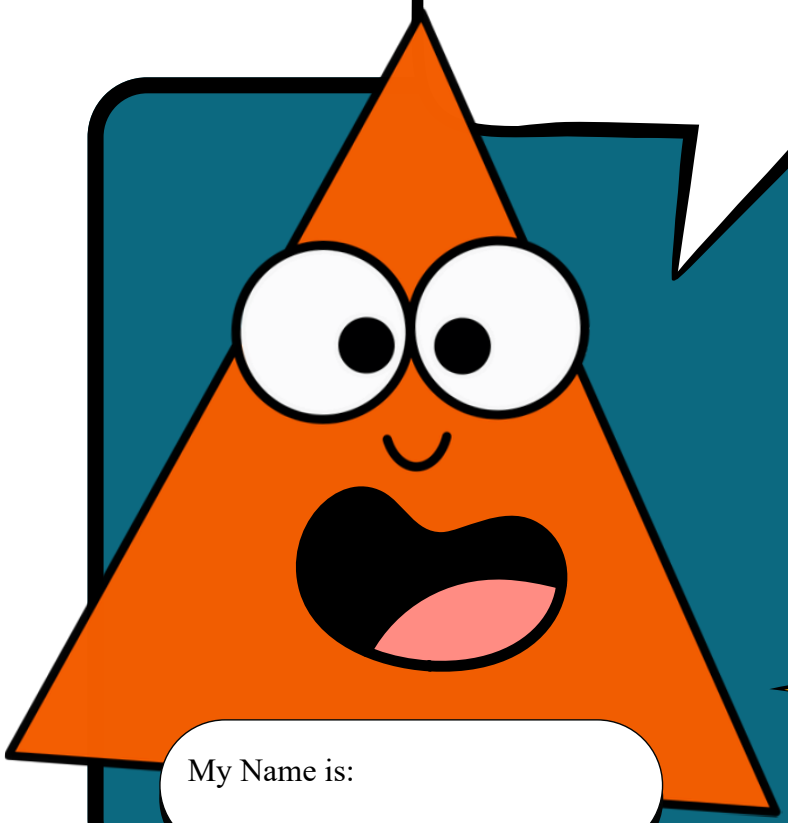
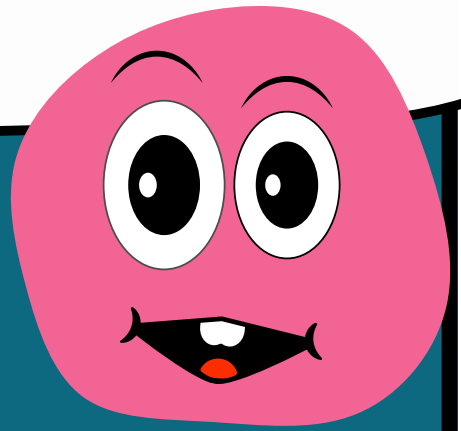
What are your Polarized Parts arguing about?



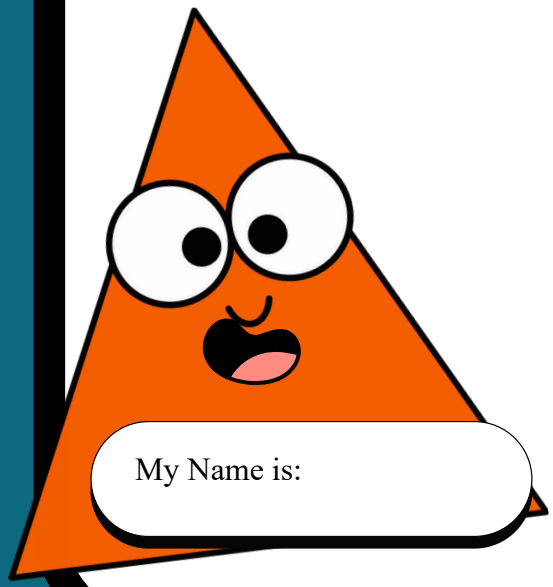
My Name is:

VS

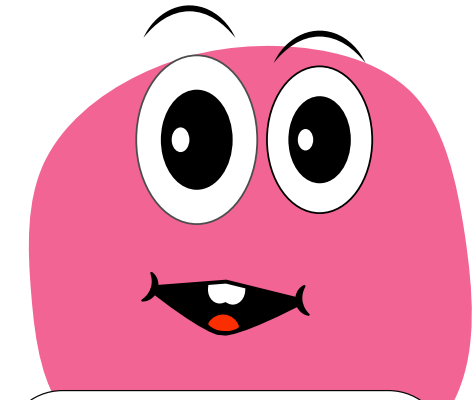


My Name is:

What Does this Part Value?

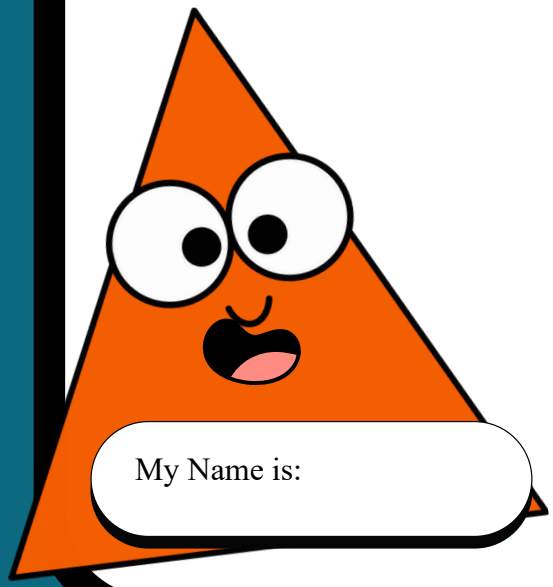


What Does this Part Value?

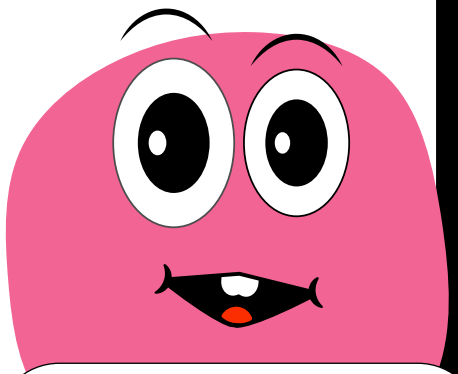


My Name is:

What <u>VALUES</u> do these Parts have in Common? When it comes to protecting you, What to do they agree on?

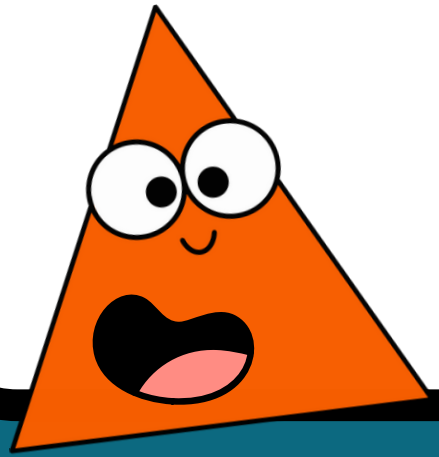
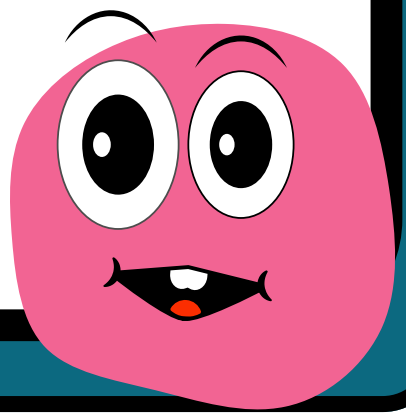


My Name is:



My Name is:

As SELF ...

How do you appreciate these Parts?

How would you like to move forward?